



In Our Own Voice is a unique public education presentation that offers insight into the hope and recovery possible for individuals living with mental illness. Trained individuals living with mental illness lead a brief, yet comprehensive and interactive, presentation about mental illness

**Come and experience a NAMI in Our Own Voice PRESENTATION**

**Chandler-Gilbert Community College**

**Monday, October 15<sup>th</sup>, 2018**

**11:30am –12:45pm | 2626 E Pecos Rd. Chandler, AZ 85225 | Pecos Campus Agave Room 1240**

**4pm-5:15pm | 4360 E Tahoe Rd. Mesa, AZ 85212 | Williams Campus Room 105**

This award winning 60-90 minute presentation is intimate and candid.

It includes a short video, personal testimony, and a question and answer period that allows for honest and open dialogue. It is designed to enrich the audience's understanding of how individuals cope with the reality of their illness while recovering and reclaiming their lives.

*And most importantly...*

that Mental Illness affects millions of people (including famous people) and are treatable!

*"The individual is capable of both great compassion and great indifference. He has it with his means to nourish the former and outgrow the latter." - Norman Cousins*

